



**ALBANY COLLEGE
OF PHARMACY
AND HEALTH SCIENCES**

Optimizing Outcomes in Weight Management A Focus on GLP Medications and the Pharmacist's Role

Albany College of Pharmacy and Health Sciences
Office of Continuing Education and Professional Development
A live on-line Webinar

Thursday, November 20, 2025

12:00 pm – 1:00 pm

Alexandra Watson, PharmD, BCACP

Associate Professor of Pharmacy Practice, Albany College of Pharmacy and Health Sciences
Clinical Pharmacist in Primary Care: Community Care Physicians

At the completion of this activity, the pharmacist will be able to:

1. Discuss additional benefits and indications for approved GLP medications
2. Review best practice for assessing patient specific factors to determine the appropriateness of weight loss medications
3. Evaluate opportunities for pharmacists to integrate weight management and medication interventions into practice

0045-0000-25-023-L01-P: 1 Contact Hour / 0045-0000-25-0023-H01-P: 1 Contact Hour

Activity Overview: This activity will go over first line medications and how pharmacists can be involved in weight management care. Learners will also be educated on recently approved indications and future medications in this area.

Type of Activity: This is a Knowledge-based activity

Target Audience: Practicing pharmacists, preceptors and student pharmacists.

Live On-line Webinar and Home Study: This seminar is being offered via Zoom. Attendees who register for remote viewing will receive a link to attend the program using their computer, tablet or phone, along with instructions to access Zoom **prior to the webinar**. You will be able to listen to the speakers, view the educational materials, and respond to polling questions. To qualify as a live activity, questions may be posed to the presenters by means of the on-line chat function or by unmuting your computer and asking your questions directly. At the conclusion of the live seminar, this program will be accessible as a Home Study.

Continuing Pharmacy Education Credit: Continuing Pharmacy Education credit has been approved for 0.1 live continuing education unit (CEU) or 1 contact hour of live continuing education. **Participants must log in using your full name so that proof of participation can be confirmed.** Participants must also complete the online post-program learning assessments for the activity attended to receive credit for this activity. **You will have 45 days from the day of the program to complete the post-program learning assessment to receive ACPE credit.** Upon completion and verification, your continuing pharmacy education credit will be sent to CPE Monitor. Statements of credit may be printed from the CPE Monitor website at: www.nabp.net/pharmacists.

ACPE policy states that paper and/or electronic statements of credit are no longer required to be distributed directly to learners as proof of ACPE credit. This official record of credit is located on the learner's e-profile in CPE Monitor. Printed copies of statements will no longer be distributed by Albany College of Pharmacy and Health Sciences.

Registration Fee: There is a \$25.00 fee to attend. You can register for this CE by going to the following link: <https://pharmacyce.acphs.edu/user/login> . **The deadline to register is noon on Monday, November 17, 2025.**

Statement of Disclosure: In accordance with ACPE Standards, ACPHS requires that speakers and program planners disclose any relationships that they may have with commercial interests whose products or services may be mentioned in their presentations. Dr. Watson has nothing to disclose.



Albany College of Pharmacy and Health Sciences
is accredited by the Accreditation Council for
Pharmacy Education as a provider of continuing
pharmacy education.