



Year 1							
Fall Semester			Credits	Spring Semester			Credits
HUM 115	Voice and Identity		3	HUM 1xx or 2xx	Humanities: Methods and Approaches Selective		3
BIO 111	General Biology I + Lab		4	BIO 121	General Biology II + Lab		4
COM 101	Academic Reading and Writing (1/2 cohort)		3	COM 120	Public Speaking (1/2 cohort)		3
PSY 101	Psychology		3	SOC 101	Sociology		3
PBH 120	Intro to Public Health		3		Elective		3
PBH 102	First Year Experience		1				
	Total		17		Total		16
Year 2							
Fall Semester			Credits	Spring Semester			Credits
HUM 2xx or HUM 220	Science and Health through the Humanities Lenses Selective or Medical Humanities		3	PBH 245	Intro to Health Systems		3
MAT 121	Calculus I or another Math Course		4	PBH 210	Persuasion		3
PBH 230	Statistics for Public Health		3	PBH 210/211	Intro to Data & Lab		4
SOC 335	Global Health		3	PBH 220	Environmental Health		3
PHI 2xx	Critical Thinking		3		Applied Biological Science Selective		3
	Total		16	PBH 225	Seminar in Health Professions		1
					Total		17
Year 3							
Fall Semester			Credits	Spring Semester			Credits
SOC 301	Research Methods and		4	PBH 345	Community Health Practice		3
ETH 320	Research Ethics				Elective		3
ETH 310	Bioethics		3	COM 312	Health Promotion or		3
PBH 350	Epidemiology		3	PSY 321	Health Psychology		
PBH 365	Service Learning Experience		1		Elective		3
PBH 335	Determinants of Health		3		Applied Research Methods Selective		3
	Total		14	PBH 365	Service Learning Experience		1
					Total		16
Year 4							
Fall Semester			Credits	Spring Semester			Credits
SOC 420	Health and Public Policy		3	PBH 401	Capstone or Elective		3
	Capstone or Elective		3		Elective		3
	Selective		3		Critical Reflection Selective		3
	Culture and Communication Selective		3		Health Care Systems Selective		3
	Elective		3		Elective		3
	Total		15		Total		15
Total Credits 126							

Applied Biological Sciences Selective

BHS 360 Clinical Anatomy
BIO 210 Microbiology

BIO 213 Anatomy & Physiology I
BIO 215 Anatomy & Physiology II
BIO 225 Genetics

BIO 315 Public Health Microbiology
BHS 365 Intro to Human Pathology

Culture and Communication Selective

COM 320 Patient-Provider Communication
COM 330 Intercultural Communication in Health Care

HUM 386 Culture, Customs and Health of Belize
SOC 330 Culture of Disability
COM 318 Health Teamwork

COM 315 Health Campaigns
HUM 345 Race and Health
or permission of program director

Applied Research Methods Selective

PBH 340 Survey Research Methods
PBH 360 Field Epidemiology
COM 350 Qualitative Research Methods
PBH 310 Medical Anthropology

SOC 325 Medical Sociology
PBH 320 Geography of Health

Health Care Systems Selective

COM 320 Patient-Provider Communication

ECN 317 Health Economics
HIS 330 History of Public Health and Medicine
SOC 325 Medical Sociology
COM 318 Health Teamwork
PHI 360 MBSR for Health

Critical Reflection in Health Selective

PSY 440 Death and Dying
SOC 325 Medical Sociology

HIS 330 History of Public Health and Medicine
SOC 330 Culture of Disability
PHI 350 Nature and Wellness

ETH 315 Health, Disease, and Authority
PBH 3xx Vaccines and Public Health
or permission of program director



Year 1							
Fall Semester			Credits	Spring Semester			Credits
HUM 115	Voice and Identity		3	HUM 1xx or 2xx	Humanities: Methods and Approaches Selective		3
BIO 111	General Biology I + Lab		4	BIO 121	General Biology II + Lab		4
COM 101	Academic Reading and Writing		3	COM 120	Public Speaking		3
PSY 101	Psychology		3	SOC 101	Sociology		3
PBH 120	Intro to Public Health		3	MAT 121	Calculus I or another Math Course		4
PBH 102	First Year Experience		1	PBH 245	Intro to Health Systems		3
	Total		17		Total		19
Year 2							
Fall Semester			Credits	Spring Semester			Credits
HUM 2xx or HUM 220	Science and Health through the Humanities Lenses Selective or Medical Humanities		3	PBH 220	Environmental Health		3
PHI 2xx	Critical Thinking		3	PBH 210	Persuasion		3
PBH 230	Statistics for Public Health		3	PBH 210/211	Intro to Data & Lab		4
BIO 213/214	Anatomy & Physiology I (replaces PBH 335)		4	BIO 215 /216	Anatomy & Physiology II (bio selective)		4
	Chemistry I (Elective)		4		Chemistry II (Elective)		4
	Total		18	PBH 225	Seminar in Health Professions		1
					Total		19
Year 3							
Fall Semester			Credits	Spring Semester			Credits
SOC 301	Research Methods and Research Ethics		4	PBH 345	Community Health Practice		3
ETH 320	Bioethics		3		Elective		3
ETH 310	Global Health		3	COM 312	Health Promotion or Health Psychology		3
SOC 335	Epidemiology		3	PSY 321	Geography of Health		3
PBH 350	Service Learning		1	PBH 320	Survey of Organic Chemistry (Elective)		4
	Microbiology (Elective)		4		Service Learning		1
	Total		18		Total		17
Year 4							
Fall Semester			Credits	Spring Semester			Credits
SOC 420	Health and Public Policy		3				
PBH 401	Capstone		3				
	Culture and Communication Selective		3				
	Critical Reflection Selective		3				
	Health Care Systems Selective		3				
COM 315	Health Campaigns		3				
	Total		18				
Total Credits 126							

** Some students will reduce the semester credits by taking courses over the summer or bringing in college credit from High School.

Applied Biological Sciences Selective

BHS 360 Clinical Anatomy
BIO 210 Microbiology

BIO 213 Anatomy & Physiology I
BIO 215 Anatomy & Physiology II
BIO 225 Genetics

BIO 315 Public Health Microbiology
BHS 365 Intro to Human Pathology

Culture and Communication Selective

COM 320 Patient-Provider Communication
COM 330 Intercultural Communication in Health Care

HUM 386 Culture, Customs and Health of Belize
SOC 330 Culture of Disability
COM 318 Health Teamwork

COM 315 Health Campaigns
HUM 345 Race and Health
or permission of program director

Applied Research Methods Selective

PBH 340 Survey Research Methods
PBH 360 Field Epidemiology
COM 350 Qualitative Research Methods
PBH 310 Medical Anthropology

SOC 325 Medical Sociology
PBH 320 Geography of Health

Health Care Systems Selective

COM 320 Patient-Provider Communication

ECN 317 Health Economics
HIS 330 History of Public Health and Medicine
SOC 325 Medical Sociology
COM 318 Health Teamwork
PHI 360 MBSR for Health

Critical Reflection in Health Selective

PSY 440 Death and Dying
SOC 325 Medical Sociology

HIS 330 History of Public Health and Medicine
SOC 330 Culture of Disability
PHI 350 Nature and Wellness

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or permission of program director



Albany College of Pharmacy
A.S.

BACHELOR OF SCIENCE IN PUBLIC HEALTH

Fall 2023

PRE-MED OPTION 1

Year 1						
Fall Semester			Credits	Spring Semester		Credits
HUM 115	Voice and Identity	3		HUM 1xx or 2xx	Humanities: Methods and Approaches Selective	3
BIO 111	General Biology I + Lab	4		BIO 121	General Biology II + Lab	4
COM 101	Academic Reading and Writing	3		COM 120	Public Speaking	3
CHE 101	General Chemistry I	4		CHE 102	General Chemistry II	4
PBH 120	Intro to Public Health	3		PBH 245	Intro to Health Systems	3
PBH 102	First Year Experience	1				
	Total	18			Total	17
Year 2						
Fall Semester			Credits	Spring Semester		Credits
HUM 2xx or HUM 220	Science and Health through the Humanities Lenses Selective or Medical Humanities	3		SOC 101	Intro to Sociology	3
PSY 101	Psychology	3		PBH 225	Seminar in Health Professions	1
PBH 230	Statistics for Public Health	3		PBH 210/211	Intro to Data & Lab	4
BIO 213	A&P I	3		BIO 215	A & P II	3
	Organic Chemistry I (PM Elective)	4			Organic Chemistry II (PM elective)	4
PHI 2xx	Critical Thinking	3				
	Total	19			Total	15
Year 3						
Fall Semester			Credits	Spring Semester		Credits
SOC 301	Research Methods and Research Ethics	4		PBH 220	Environmental Health	3
ETH 320	Research Ethics	4		PHY 222	Physics II (PM Elective)	4
PHY 212	Physics I (PM Elective)	4			Elective	
MAT 125	Calculus or another math	4		PBH 210	Persuasion	3
PBH 350	Epidemiology	3			Service Learning	1
	Service Learning	1			Selective	
	Biochemistry (PM Elective)	3				
	Total	19			Total	17
Year 4						
Fall Semester			Credits	Spring Semester		Credits
SOC 420	Health and Public Policy	3		HHS 401	Capstone	3
ETH 310	Bioethics	3			Critical Reflection Selective	3
SOC 335	Global Health	3			Health Care Systems Selective	3
	Microbiology (Elective)	4		PBH 345	Community Health Practice	3
	Culture and Communication Selective	3		COM 312	Health Promotion or	3
				PSY 321	Health Psychology	
	Total	16			Total	15
Total Credits 126						

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HUM 386 Culture, Customs and Health of Belize
SOC 330 Culture of Disability
COM 318 Health Teamwork

COM 315 Health Campaigns
345 Race and Health
or permission of program director

Applied Research Methods Selective

PBH 340 Survey Research Methods
PBH 360 Field Epidemiology
COM 350 Qualitative Research Methods
PBH 310 Medical Anthropology
SOC 325 Medical Sociology

PBH 320 Geography of Health

Health Care Systems Selective

COM 320 Patient-Provider Communication
ECN 317 Health Economics

HIS 330 History of Public Health and Medicine
SOC 325 Medical Sociology
COM 318 Health Teamwork
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Fall Semester			Credits			Spring Semester			Credits		
HUM 115	Voice and Identity	3	HUM 1xx or 2xx	Humanities: Methods and Approaches Selective	3	BIO 121	General Biology II + Lab	4	COM 120	Public Speaking	3
BIO 111	General Biology I + Lab	4	SOC 101	Intro to Sociology	3	PBH 245	Intro to Health Systems	3			
COM 101	Academic Reading and Writing	3									
PSY 101	Psychology	3									
SOC 120	Intro to Public Health	3									
PBH 102	First Year Experience	1									
	Total	18							Total		16
Year 2											
Fall Semester			Credits			Spring Semester			Credits		
HUM 2xx or HUM 220	Science and Health through the Humanities Lenses Selective or Medical Humanities	3	PBH 210/211	Intro to Data & Lab	4	PHY 222	Physics II (Elective)	4			
PHY 212	Physics I (Elective)	4				MAT 125	Calculus	4			
PBH 230	Statistics for Public Health	3				CHE 102	General Chemistry II	4			
PHI 2xx	Critical Thinking	3				PBH 225	Seminar in Health Professions	1			
CHE 101	General Chemistry I	4				PBH 210	Persuasion	3			
	Total	18							Total		19
Year 3											
Fall Semester			Credits			Spring Semester			Credits		
SOC 301	Research Methods and Research Ethics	4	COM 312	Health Promotion or Health Psychology	3		Organic Chemistry II	4			
PBH 350	Epidemiology	3				PBH 220	Environmental Health	3			
SOC 335	Global Health	3					Service Learning	2			
	Organic Chemistry I	4					Selective	3			
	Microbiology (Elective)	4									
	Total	18							Total		15
Year 4											
Fall Semester			Credits			Spring Semester			Credits		
SOC 420	Health and Public Policy	3	HHS 401	Capstone	3		Health Care Systems Selective	3			
	Biochemistry (Elective)	3					Critical Reflection Selective	3			
ETH 310	Bioethics	3					A & P II	4			
	Culture and Communication Selective	3				PBH 345	Community Health Practice	3			
	A&P I	4									
	Total	16							Total		16
Total Credits 126											

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PHI 350 Nature and Wellness

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Humanities Methods and Approaches Selective

ART 105 Introduction to Drawing
HIS 141 Modern American History
LIT 2XX African Literature, Film, and Music

PHI 250 Religion as the Search for Meaning

Science and Health Through Humanities Lenses Selective

HUM 220 Medical Humanities

LIT 220 Suicide and/as Literature: East-West;
PHI 280 The Philosophy and Practice of Yoga.