



ALBANY COLLEGE OF PHARMACY  
AND HEALTH SCIENCES

# OFFICE OF DEI

# APRIL NEWSLETTER

APRIL IS AUTISM & NEURODIVERSITY AWARENESS MONTH

## WHAT IS AUTISM ACCEPTANCE MONTH?

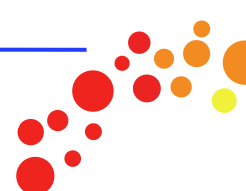
Celebrated annually, all April long, the Autism Society and its affiliates come together to #CelebrateDifferences. Autism and Neurodiversity Acceptance Month kicks off on April 1st and the Autism Society Greater Hudson Region (ASGHR) is working to #CelebrateDifferences all month to recognize the variety of experiences within the Autism community. Because every family and individual's story is unique, Autism and Neurodiversity Acceptance Month underscores the importance of collaborating to address the specific needs of everyone in the Autism community. "Autism is a lifelong brain difference that impacts the way a person thinks, communicates, interacts with others, and interprets the world around them."


April 2nd is National Autism Acceptance Day. With the Autism Society network operating nationwide and collaborating directly with the Autism Society Greater Hudson Region, they deliver impactful services and support throughout the nation.



A bi-weekly publication including resources, events, and articles about autism from around the internet straight to your inbox! Advertise your program or service directly to our local autism community! Email [communications@asghr.org](mailto:communications@asghr.org) for ad opportunities and rates! Newsletter sign-up: <https://asghr.org/email-newsletter-signup/>.

ASGHR's information and referral (I&R) services play a vital role in assisting the members of the Greater Hudson Region community in identifying, understanding, and connecting to a broad range of programs that will address their needs for services and support. These services aim to facilitate aging well at home and in the community. Their dedicated I&R





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staff responds with compassion and a listening ear, guiding autistic individuals in the community to access the resources and support they require. Contact them at (518)355-2191, or email [support@asghr.org](mailto:support@asghr.org).

Learn more about ASGHR at <https://asghr.org>.

#### Information/Resources about Autism:

- [The Autism Certification Center](#) offers a 1.5-hour video which is a free course designed to introduce people to the characteristics of Autism Spectrum Disorder (ASD) and dispel common misconceptions. Through the experiences and perspectives of individuals on the autism spectrum, you'll gain insight into ASD.
- [Why Asperger's is No Longer an Official Diagnosis](#)
- [Understanding the Three Levels of Autism](#)
- [Interacting with a Child Who has Autism](#)
- [Best Communication Practices for Interacting with People Who Have Autism](#)
- [5 Ways You Can Raise Autism Awareness](#)
- [Creating Accepting Communities](#)

We would like to say a special thank you to ASGHR for all of the information/resources they have provided to us!





### Autism Acceptance Month

**Did you know?**  
1 in 36 children are diagnosed with Autism. Increasing prevalence rates continue to underscore the urgent need for equitable supports and services in the Autism community.

The connection is you.™



### Did you know?

Early diagnosis of Autism can reduce lifetime care costs by two-thirds as it allows parents, therapists, and others to begin support and services sooner. Learn as much as possible about Autism at this stage.

The connection is you.™

# FEATURED EVENTS FOR ACPHS CLUBS

**Tuesday, April 2nd from 9- 10 PM**, MSA will be hosting a Taraweeh Prayer event. Join MSA for Ishaah and Taraweeh prayer every Tuesday during Ramadan! Ishaah prayer will begin at 9, followed by Taraweeh. They have a few extra prayer mats, but they encourage you to bring your own! The event is open to anyone who wishes to join or observe! This event will take place in HAB122.

Register on Engage:

<https://cglink.me/2st/r379886>

## **FUN FACT:**

Autism is found to be more prevalent than childhood cancer, diabetes, and AIDS combined.

**Thursday, April 4th from 6-7 PM**, MCC & SAGA will be hosting a White Day Mixer. Join MCC & SAGA to celebrate the Japanese holiday of White Day! Learn about healthy relationships, boundaries, and consent from our own Title IX coordinator, Emma Hempel! Plus enjoy charcuterie boards, Japanese snacks, and white marshmallows and sweets with your friends. Sponsored by your student activity fee! This event will take place in the Panthers Den

Register on Engage:

<https://cglink.me/2st/r379718>



**Tuesday, April 2nd from 12-12:20 PM**, The Lighthouse will be hosting their bi-weekly Bible Study. This event will take place in the Katzman Lounge. Be sure to look on Engage for more information about this event!



**Friday, April 5th from 12-1 PM**, SAGA & PHA will be hosting All About PrEP. Join SAGA & PHA to celebrate Public Health Week! Friday's theme is sexual health, so SAGA & PHA are collaborating to teach everyone all about PrEP - the pre-exposure prophylactic medication that prevents HIV! This event will take place in the SC Atrium.

Register on Engage:

<https://cglink.me/2st/r380002>

### **FUN FACT:**

Boys are nearly five times more likely to be diagnosed with autism than girls. Girls are often underdiagnosed with autism and misdiagnosed with other conditions.

**Friday, April 12th from 5-7 PM**, SAGA & CAPB will be hosting a Drag Bingo event. Join SAGA & CAPB for their annual Drag Bingo, hosted by the wonderful Stella Progress! This event will take place in the Panthers Den.

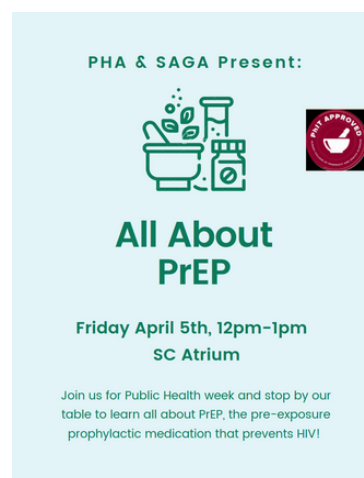
Register on Engage:

<https://cglink.me/2st/r379706>



### **FUN FACT:**

The colors associated with autism are blue, red, and yellow. Blue represents communication, hope, and the calming nature often appreciated by individuals on the autism spectrum. Red symbolizes passion, determination, and resilience. Yellow represents happiness, optimism, and unique perspectives.



**Thursday, April 11th during common hour**, MSA will be hosting an Eid Boba event. This event will take place in the SC Atrium. Be sure to look on Engage for more information about this event!





**Monday, April 15th at 5-6:30 PM**, MCC will be hosting Holi - The Festival of Colors! Join them for an unforgettable experience filled with colors, music, food, and more! This event will take place on the SC Lawn.

Register on Engage:

<https://cglink.me/2st/r379974>



**Wednesday, April 17th at 7 PM**, SAGA will be hosting a Movie Night Event. Join SAGA to watch M3GAN and chill! This event will take place in HAB022.

Register on Engage:

<https://cglink.me/2st/r379990>

**Thursday, April 18th during common hour**, MSA will be hosting an MSA Lecture: The Story of Prophet Musa. Join MSA to watch a video lecture on the Story of Musa (Moses)! Everyone is welcome to join! This event will take place in the Rite Aid Lounge.

Register on Engage:

<https://cglink.me/2st/r380008>



# FEATURED EVENTS IN THE ALBANY AREA

**Thursday, April 11th from 11 AM - 1 PM,** the Center for Biopharmaceutical Education & Training (CBET) and Krackeler Scientific will be hosting a Life Science Vendor Show. There will be food and refreshments provided. This event will take place in the LSIB atrium.

Address:  
150 New Scotland Ave  
Albany, NY 12208



**LIFE SCIENCES VENDOR SHOW**  
THURSDAY APRIL 11, 2024  
11:00 A.M. - 1:00 P.M.  
LIFE SCIENCES INNOVATION BUILDING  
150 NEW SCOTLAND AVE., ALBANY, NY 12208

**FEATURED VENDORS**



Hosted by CBET & Krackeler Scientific™

- Come explore a variety of biopharmaceutical supply vendors
- Learn more about CBET short courses & contract research services
- Free food & refreshments will be provided
- RSVP today, walk-ins are welcomed to attend







**2024 Capital Region Bioinnovation Bootcamp**  
April 11<sup>th</sup> through May 30<sup>th</sup>

**Join Albany Medical College and Albany College of Pharmacy and Health Sciences for an 8-week Bioinnovation Bootcamp!**

**By participating in the bootcamp you will:**

- Learn from biotech and pharmaceutical content experts and experienced entrepreneurs.

Topics include:

- ✓ Fundraising strategies
- ✓ Navigating the FDA
- ✓ Reimbursement processes
- ✓ Conducting clinical trials
- ✓ Building successful teams
- ✓ The art of pitching

- Network with peers and a curated set of support professionals
- Apply course knowledge to accelerate commercialization of your invention
- Opportunity to compete for cash and in-kind prizes in the optional Pitch Competition on May 30<sup>th</sup>





Bootcamp runs Thursday evenings, April 11 – May 30, from 5:30 – 9:00 pm at ACPHS and includes weekly networking dinners.  
Tuition is \$99 for students & postdocs, \$200 for start-ups and regional faculty, \$500 for industry participants. If tuition is a barrier to entry, please reach out, there may be scholarship opportunities available.  
Interested in sponsoring this event? Please email [techtransfer@amc.edu](mailto:techtransfer@amc.edu) for sponsorship opportunities.

Apply here! 

**Every Thursday from April 11th - May 30th from 5:30-9 PM,** the Center for Biopharmaceutical Education & Training (CBET) and Albany Medical College will be hosting the 2024 Capital Region Bioinnovation Bootcamp. ACPHS is collaborating with Albany Medical College for an 8-week Bioinnovation Bootcamp. See the flyer to the left for more details!

**Sunday, April 21st at 9:30 AM,** Autism Society Greater Hudson Region (ASGHR) will be hosting a Hero 5K for Autism. Superhero costumes are encouraged! This event will take place at the Mohawk Harbor in Schenectady. Link to register: <https://asghr.org/asghr-events/hero-5k-run-for-autism/>. Link to online store: <https://www.zippy-reg.com/estore/?sid=34>. Link to Facebook event: <https://www.facebook.com/events/916078716448629>



**Autism Society Greater Hudson Region**

The 2024 Hero 5K for Autism is sponsored by:

**HERO 5K FOR AUTISM** April 21, 2024 - 9:30 AM  
MOHAWK HARBOR, SCHENECTADY NY

BROUGHT TO YOU BY THE AUTISM SOCIETY GREATER HUDSON REGION  
**SUPERHERO COSTUMES ENCOURAGED!!**



Visit [ASGHR.ORG](https://asghr.org) FOR MORE INFORMATION

## Saturday, May 11th and Sunday, May 12th

The Albany Office of Cultural Affairs will be hosting the 76th annual Tulip Festival. The Tulip Festival is Albany's signature spring event. This event will be held in Washington Park. Link for more information:

<https://www.albanyevents.org/events/albany-tulip-festival/>

# THE 76<sup>TH</sup> TULIP FESTIVAL



**Thursdays June 6th, 13th, 20th, and 27th, July 11th, 18th, and 25th, and August 1st from 4:30-8 PM**, The Albany Office of Cultural Affairs will be hosting Alive at Five. Alive at Five is Albany's signature free concert series showcasing a diverse lineup of big names, up-and-coming acts, and the region's most talented original artists. These concerts will be held at Jennings Landing. Link for more information:

<https://www.albanyevents.org/events/alive-at-five/>

**Sunday, June 16th**, The Albany Office of Cultural Affairs will be hosting the 2024 Dad Fest. Dad Fest is a celebration of all the fantastic fathers out there. This will feature a newly added Classic Car Show, great food, and vendors! Link for more information:

<https://www.albanyevents.org/events/dad-fest/>



## FUN FACT:

Supporting an individual with autism costs a family \$60,000 a year on average. The cost of lifelong care can be reduced by 2/3 with early diagnosis and intervention. According to a recent study, the lifetime costs of autism average \$1.4 million to \$2.4 million.



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# ABOUT THE ACPHS DEI WORK STUDY EDITORS

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Hi! My name is Angelina Reish. I am a first-year student in the PharmD program and I'm from Guilderland, NY. I'm on the track and field team and I love watching sports. I am the Education and Outreach Chair for MCC and the Community Outreach Chair (Relay for Life) for ACS on Campus. I am also a member of Pinky Swear PACK and APhA-ASP. My favorite movie is "Just Go With It" and I am the BIGGEST fan of the New York Giants.

Hello, my name is Tobias LaFountian, but you can call me Toby. I am a first-year microbiology student and an aspiring medical doctor. I am interested in playing most board and card games, love doing puzzles, am a competitive swimmer, and of course, love science!

We work with Jonathan Phipps in the Office of DEI to put together the newsletter for our faculty, staff, and students. We would appreciate any feedback you have about our newsletter to improve it for our next one! This is our last newsletter for this year and the next one will be released in October. We hope that everyone has a wonderful summer and we cannot wait to see you all back in the fall!

