

**Albany College of Pharmacy and Health Sciences  
Alcohol and Other Drug Policy and Prevention Programming  
Review Period July 2021 Through June 2022**

**Purpose**

The review is designed to document the Albany College of Pharmacy and Health Sciences (ACPHS) prevention efforts as is required by U.S. Department of Education, Office of Safe and Drug-Free Schools and Campuses Regulations [EDGAR Part 86]. The review examines the scope and success of our campus prevention program and assists in identifying programmatic improvement regarding Alcohol and Other Drugs (AOD).

**ACPHS Community Members involved in review process:**

Alison Buckley, MEd-Director of Residential Life, Student Conduct Administrator  
Peter Cornish, PhD-Director of Counseling and Wellness  
John Felio, MS-Vice President for Student Affairs  
Susan Karavolas-Vice President, Human Resources  
Robert Sears-Director of Public Safety, University Heights Association  
Packy McGraw-Vice President of Administrative Operations  
Elizabeth Sweet, LCSW-R Counselor, Office of Counseling and Wellness

**General Overview of AOD Educational Programming**

ACPHS engages the college community in a multitude of ways as it relates to AOD programming. The goal is to prevent illegal use or misuse, educate as to safe and responsible use if appropriate, and provide treatment resources should an individual require such an intervention. The AOD programming provided by various College entities is presented below.

The **Office of Counseling and Wellness** provides mental health and AOD treatment services for students as well as health and wellness outreach to the campus community.

- Delivers AOD educational programming to paraprofessionals (RAs) and student groups
- Presents AOD information/treatment options at parent/student orientations
- Provides guest lectures to classes when invited
- Maintains library of AOD pamphlets (both digital/hard copy)
- Provides links to national/local resources for screening/treatment (i.e. ULifeline, AA/NA)
- Provides screening/treatment options for all students and in conjunction with both Behavioral Intervention Team referrals and other disciplinary referrals
- Distributes “Signs of Alcohol Poisoning” magnets to student body
- Coordinates efforts of the Initiative for Substance Abuse Prevention Committee
- Sponsors community-wide educational programming

The **Initiative for Substance Abuse Prevention (ISAP) Committee**, co-chaired by the Office of Counseling and Wellness, engages students, faculty, staff in prevention and awareness activities including, but not limited to:

- Distribution of information pamphlets/resources through tabling
- Availability of local and national links on the ISAP intranet site
- Administration of the Substance Use Survey (2010-2015; 2017; 2018; 2021; up to 500 participants most years)

The **Office of Athletics and Recreation** supports responsible AOD programming in the following manner:

- All athletic events comply with collegiate guidelines in terms of being alcohol free, prohibiting sales and/or advertising/sponsorship
- Supporting and coordinating AOD free intramural competitions in the evenings and on weekends to promote healthy alternatives to consumption
- Communication of clear expectations to all athletes regarding the guidelines in relation to AOD use and their role as student athletes

The **Office of Student Engagement and Wellness**, in conjunction with **the Student Government Association (SGA)**, supports student led clubs and organizations across campus. Many of the clubs host AOD education themed events throughout the year as part of their community service and engagement commitments.

In addition, the SGA governing board supports other AOD initiatives.

- SGA informs all clubs and organizations of policies regarding alcohol at events
- Most club sponsored events are designed to be AOD free environments
- Communication is provided about the AOD policies at ceremonies/events for upper classman of legal drinking age where alcohol may be present. Venues adhere to NY distribution laws, including the availability of nonalcoholic alternatives and the availability of food
- Students are required to use provided transportation to school sponsored events that may have alcohol available in Albany. Venues or businesses that provide alcohol for ACPHS events agree to parameters around service hours like selling drinks one at a time, no keeping of tabs, etc.
- Providing programs as part of the new-student orientation such as “Sex Signals” (addressing issues related to intoxication and consent), “Last Call” (a comedic and inspirational performance about finding sobriety), “It Is My Place”, which addresses AOD, consent, and harm reduction themes including bystander intervention strategies.
- Below is a list of club and organization events with AOD content:

Event Title	Organization	Date/Time
Decorate a Pill Vial with LKS Sisters	Lambda Kappa Sigma	08/31/2021 - 11:00 am
Naloxone Training	SPSSNY - Student Pharmacist Society of the State of New York	09/21/2021 - 11:00 am
Tobacco Cessation Counseling with Dr. Stack	SSHP - Student Society of Health Systems Pharmacy	09/22/2021 - 6:00 pm
Naloxone Training	SPSSNY - Student Pharmacist Society of the State of New York	09/30/2021 - 11:00 am
Pills & Potions we're (NOT) overdosing	Notre Dame	10/15/2021 - 7:00 pm
Medication Take Back Kahoot	APhA-ASP American Pharmacists Association- Academy of Student Pharmacists	10/19/2021 - 7:00 pm
SPSSNY Candy vs. Medicine Project	SPSSNY - Student Pharmacist Society of the State of New York	10/25/2021 - 9:45 am
Naloxone Training	AMSA - American Medical Student Association	10/26/2021 - 11:00 am
SPSSNY's Candy vs. Medicine	SPSSNY - Student Pharmacist Society of the State of New York	10/28/2021 - 10:30 am
NCPA: FRxIGHT FEST	NCPA - National Community Pharmacists Association	10/28/2021 - 5:00 pm
SSHP Tar Wars Kahoot	SSHP - Student Society of Health Systems Pharmacy	11/17/2021 - 7:00 pm
SPSSNY's Find Your Pharmacy-Medical Marijuana	SPSSNY - Student Pharmacist Society of the State of New York	11/18/2021 - 6:00 pm
Poison Prevention, Toxicology, and Overdose: A Chat with Dr. Darren Grabe -SSHP	SSHP - Student Society of Health Systems Pharmacy	11/30/2021 - 11:30 am
OTC Medication Safety & Safe Medication Disposal Quick-Tips	APhA-ASP American Pharmacists Association- Academy of Student Pharmacists	11/30/2021 - 11:30 am
The Truth About Booze with RA's Jonathan and Sophia	South Hall	02/09/2022 - 5:00 pm
Tar Wars Jeopardy, SSHP	SSHP - Student Society of Health Systems Pharmacy	02/09/2022 - 6:00 pm

Tobacco Cessation Kahoot	APhA-ASP American Pharmacists Association- Academy of Student Pharmacists	02/23/2022 - 6:00 pm
Drug Information Drop In Trivia	Journal Club	03/03/2022 - 11:00 am
APhA-ASP OSUD, Opioid and Other Drugs Jeopardy	APhA-ASP American Pharmacists Association- Academy of Student Pharmacists	03/15/2022 - 5:00 pm
Fact or Cap: Drug and Alcohol Edition	South Hall	03/21/2022 - 8:01 pm
Candy vs. Medication	Pediatric Pharmacy Association	03/24/2022 - 11:00 am
ACPHS Health Expo Sponsored by APhA-ASP	APhA-ASP American Pharmacists Association- Academy of Student Pharmacists	04/02/2022 - 11:30 am
Euphoria Drug and Alcohol Scavenger Hunt	Notre Dame	04/13/2022 - 8:00 pm
Wake and Bake: Alcohol and Marijuana Trivia	Notre Dame	04/18/2022 - 6:00 pm
Drug-Related Phototoxicity w/ the SSHP Sun Smarts Co-Chairs, SSHP	SSHP - Student Society of Health Systems Pharmacy	04/19/2022 - 6:00 pm
Overdose and Poisoning in Psychiatric Medications: Insights from Dr. Clayton English, SSHP	SSHP - Student Society of Health Systems Pharmacy	04/20/2022 - 5:00 pm

## The Office of Residence Life

In addition to the AOD themed educational programs sponsored by the Residence Life Staff, all other non-AOD programmatic offerings are designed to be AOD free events for students regardless of age or residence. Below is a list of RA driven AOD programs:

Event Title	Organization	Date/Time
#Baked	Notre Dame	10/06/2021
Pills & Potions we're (NOT) overdosing	Notre Dame	10/15/2021
Twisted "Tees"	Holland/Princeton Suites	11/03/2022
Drug & Alcohol Jeopardy	South Hall	01/27/2022
The Truth About Booze with RA's Jonathan and Sophia	South Hall	02/09/2022

(Not So) Happy Hour	South Hall	02/22/2022
Not Your Prescription	Notre Dame	02/24/2022
Desi Tea Party	Notre Dame	03/04/2022
Don't Fry Your Brain	Notre Dame	03/17/2022
	Holland/Princeton	
Mario Kart Tournament	Suites	03/21/2022
Fact or Cap: Drug and Alcohol Edition	South Hall	03/21/2022
Mug Shot	South Hall	03/22/2022
Shmooze and Slam	South Hall	04/08/2022
Euphoria Drug and Alcohol Scavenger Hunt	Notre Dame	04/13/2022
Wake and Bake: Alcohol and Marijuana Trivia	Notre Dame	04/18/2022
Take a Chill Pill	Notre Dame	04/26/2022

At the end of this document are examples of AOD themed bulletin boards that have been implemented over the past year.

### **AOD Violations**

Most AOD violations can be classified as Liquor Law or Drug Law Violations Referred for Disciplinary Action under the Clery Act Reporting Guidelines. In addition, almost all of these violations occurred within the residence halls. Data from the last several years is presented below: (2021 violations will be reported in October 2022)

	2017	2018	2019	2020	2021
Alcohol Violations	59	29	26	29	
Drug Violations	15	09	09	4	

- **Disciplinary Procedures/Sanctioning**  
Policy and procedures for Student Code of Conduct Violations can be found in the 2022-2023 Student Handbook, which is available to all students digitally as well as in hard copy if requested. While the Code of Conduct addresses all types of violations, there are specific guidelines for AOD violations. The College uses a software system (Maxient) to allow for more accurate recording, tracking, dispatching of cases. This assists in making sure there is uniform application of certain procedures and aspects of the disciplinary process.

## **Additional AOD Related Programming and Initiatives**

- Conduct Officers are trained in policy and procedure changes so that all AOD related offenses are managed in a consistent manner. They were also trained in the use of the record keeping system (Maxient).
- At the beginning of the academic year, students were emailed the newly created AOD Notification which contains the required elements put forth by the Drug Free Campus Guidelines (see appendix). This document is also on the Colleges web site and in hard copy as requested.
- All new and current employees are presented with this document in digital and hard copy for reference, as well as provided information regarding the Employee Assistance Program.
- A Parental Notification Policy is in place which informs students and parents that parents may be notified by ACPHS at the occurrence of an AOD violations.
- A medical amnesty policy (Welfare of the Community) is in place to make every effort to ensure the safety of our students if they are involved in an AOD overuse situation.
- Narcan and opioid abuse education workshops were offered both semesters and on both campuses.
- Cabinets containing NARCAN are located in each of the three residence halls.

## **Overall Assessment of AOD Programming, Procedure, and Services**

As can be concluded from the above content, the College community does many forms of AOD programming, outreach and education. While these efforts can be driven by specific offices and personnel, they also expand to the curriculum and sharing opportunities in the greater communities. The college is aware of AOD trends across the nation and specific to college campuses and works to target those trends in a relevant and effective manner.

In the Fall 2021 the students were invited to participate in a survey designed to assess substance use patterns and perceptions on campus. The survey has been administered several times over the past 10 years, finding that students responding to the survey overall engage in limited substance use or abuse. Of interest was if recent decriminalization/legalization of recreational cannabis use impacted self-reported use. When examining the data from the last 10 years, there has been a trend downward for the number of students reporting that they never used marijuana, as indicated in the Table below.

Year	2012	2013	2014	2015	2017	2018	2021
% reporting they have never used marijuana	78%	73%	68%	69%	64%	68%	68%

## Recommendations for 2022-2023 Academic Year

Efforts will be made to continue the many programs and interventions listed above, with the necessary adaptations in place should there be ongoing public health concerns. In addition, the College is focused on re-engaging students on campus, with an addition of a campus wide wellness initiative by the Office of Student Engagement and Wellness. In addition, continued participation in local and national consortiums, list-serves and professional organizations will continue to maximize the likelihood of identifying new and emerging AOD trends.

Below are bulletin boards present in the residence halls:

**EXIT**

# SHOT WARS

## THE PURSUIT OF DRUNKENNESS

**Alcohol Poisoning**

Symptoms & Signs:

- Nausea & Vomiting
- Loss of Consciousness
- Stomach Pain
- Slow or No Breathing
- Seizures
- Coma
- Death

If You Feel or Someone Else Feels:

- Check for signs of alcohol poisoning
- Do not force them to vomit
- Keep them awake
- Call 911 or go to the ER
- Do not leave them alone
- Do not give them anything to eat or drink
- Do not try to make them sober

5 OZ WINE

12 OZ BEER

1.5 OZ 80 PROOF LIQUOR

WHICH WILL GET YOU MORE DRUNK?

# NONE!

5 OZ WINE, 12 OZ BEER, AND A 1.5 OZ SHOT HAVE THE SAME AMOUNTS OF ALCOHOL!

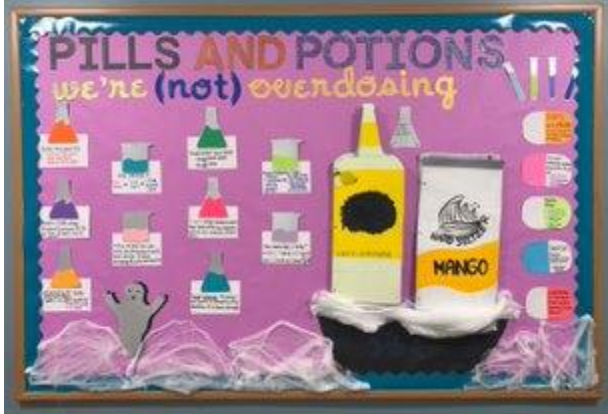
**Alcohol Policy**

The College is committed to a culture of safety and well-being. Alcohol is not permitted on campus. Any student found with alcohol on campus will be suspended from campus for a minimum of 30 days. Any student found with alcohol on campus will be suspended from campus for a minimum of 30 days. Any student found with alcohol on campus will be suspended from campus for a minimum of 30 days.

**Important Numbers**

Public Safety: (518) 244-3177  
 RA on Duty: (518) 857-6924







# KNOW YOUR POTIONS



Do not Drink and Drive!  
Call your friends or Uber Home!  
Don't leave your drink unattended

If you are going to drink:  
Do not mix alcohol with any other  
drugs or medications!  
Be with people you trust!  
Drink one glass of water in  
between each drink

One Beer = One Glass of Wine = One Shot of Liquor

Scan for more facts about how to  
be safe if you are going to drink!

